

LUMEG-M

Eye Vitamins & Minerals Supplement
With Saffron



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30 Sugar Free Tablets

Start Protecting your eye health today!

Eye health is a crucial and often - over looked part of ensuring quality of life as you age. The potent ingredients in secureitina macular support with saffron help protect your's macular health from light-induced damage and oxidative stress make this comprehensive formula, a part of your nutritional regimen and help safeguard your eyes for years to come.

Supplement Facts

Each Tablet Contains:	
Meso-Zeaxanthin (MS)	10 mg
Lutein (USP)	10 mg
Saffron (USP)	20 mg
Bilberry Extract (MS)	100 mg
Omega-III (USP)	250 mg
Zinc as Sulphate (USP)	15 mg
Manganese as Sulphate (USP)	5 mg
Copper Sulphate (USP)	0.5 mcg
Vitamin-A (USP)	5000 IU
Vitamin-C (USP)	80 mg
Vitamin-E (USP)	85 mg

LUMEG-M

Provides lutein, and meso-zeaxanthin, important nutrients that protect the delicate photoreceptor cells in the retina's macula from light damage. This innovative formula also contains Alpha-carotene and phospholipid compounds.

AMD and cataract incidences are growing Worldwide, more than 25 million people are affected by age-related macular degeneration and the formation of cataracts AMD is the leading cause of blindness in people over age 55 in the world and the incidence is expected to triple by 2025.

Carotenoid antioxidants- Essential nutrient for your eyes.

The nutrients our eyes need are often hard to by and our bodies sometimes lose the ability to synthesize them as we age. For instance: Carotenoid nutrients such as lutein and specific forms of zeaxanthin make up your macular pigment this part of your retina protects underlying photoreceptor cells from the harmful effects of excess blue and ultraviolet light.

Benefits at a Glance

- Comprehensive ocular nutrition in a single tablet.
- Contains lutein two forms of (zeaxanthin and Trans-zeaxanthin) and phospholipid compounds.
- Promotes absorption and concentration of lutein nutrient to macular region.
- Without a healthy stock of these Carotenoids macula will not be able to functional optimally in absorbing blue light and UV light.

Macular pigment density Vital for healthy vision

Because of this the density of your pigment is essential to healthy vision. Unfortunately, this density naturally declines with age and some of us lose the ability to synthesize meso-zeaxanthin from lutein over time. That's why this formula contains lutein as well as trans-zeaxanthin and meso-zeaxanthin, which are difficult to get from diet alone. In addition, alpha-carotene has been added based on new evidence that it helps support the macular pigment.

Phospholipids for lutein - Absorption, concentration and circulation

This formula contains Phospholipids which mix well with lutein and are an integral part of the cell membrane. Phospholipids have also been shown to support lutein absorption and improve the circulation and accumulation of lutein within the retina as well.

Meso-Zeaxanthin:

Meso-Zeaxanthin is a part of family of substances called carotenoids. Meso-Zeaxanthin is located at the centre of the macula where vision is sharpest Research has shown that Meso-Zeaxanthin is generated at the retina from lutein however scientist believe that some individuals are unable to perform this conversion Meso-Zeaxanthin has been identified in certain foods including salmon, trout and shrimp. In fact, a recent study from the US has shown that the antioxidant potential of macular pigment is enhanced when Meso-Zeaxanthin is present.

Safety Analysis:

A double blind randomized placebo controlled trial on human subjects demonstrate that a supplement containing Meso-Zeaxanthin has no harmful effect on liver adrenal function, blood serum, lipid profile and indicators of inflammation (Connell et al. 2011).

Saffron:

From ancient times saffron has been used across Europe and Middle East to promote health. Based on animal and in vitro research modern medicine has also discovered that saffron has anti carcinogenic, immunomodulating, Neuroprotective, eye health and antioxidant-like properties.

Daily supplementation with saffron (20 mg/day) is needed in order to achieve the eye health benefits of saffron.

Vision-enhancing benefits of saffron:

This formula also includes the optimal dose of saffron 20mg to support healthy vision. People supplementing with saffron showed an improvement in vision as measured by them seeing an average of two additional lines on the Snellen eye chart commonly used by ophthalmologists and optometrists to test vision.

Bilberry:

Bilberry extracts are also promoted as dietary supplements to help reduce the risk of macular degeneration, the irreversible condition that occurs when the macula, the central portion of the retina, deteriorates. The retina is the tissue at the back of the eye that detects light.

Omega-3:

Omega-3 fatty acids also help ward off many eye diseases and help treat dry eye syndrome. Studies show concerning omega-3 fatty acids, whether in foods you eat or in a supplement may help reduce your risk of developing macular degeneration and glaucoma.

Vitamin A:

Beta-carotene is converted into vitamin A in the body which plays an important role in the body's natural defence against free radicals damage Beta-carotene is valuable for the health of normal skin, hair, teeth, bones and for the protection against environmental pollutants vitamin A helps retard the aging process.

Zinc:

Zinc is important for normal cell division for functioning of thymus gland, for growth in children and maturation of sex organs at puberty, for the production of male sperm, female ova and for the release of insulin.

Dosage:

One tablet daily with meal or as directed by physician.

LUMEG-M offers times released delivery for improved absorption and less stomach upset.

CAUTION

Do not use without physician direction.

SIDE EFFECTS:

Nil within the specified dose.

STORAGE:

Store between 15 to 30 degree centigrade. Protect from heat and light.

Keep out of the reach of children.

How Supplied:

Sugar Free Tablet
30 Tablets in Pet Bottle



عمومی خوراک:
ایک کوئی روزانہ یا دو آٹھ روزہ ایک دو ایٹ کے مطابق استعمال کریں۔
جو پکڑی ہوگی سے بچائیں۔ تمام ادویات کو بکری لٹاؤ سے دور رکھیں۔

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